

Wilmington Area Parkinson's Disease Support Group

The Wilmington Parkinson's Disease Support Group was founded by Shirley Miller & Ginny Wagner in 1992. The Lewy Body Dementia Support Group was begun by Dick Freund in 2007. Lewy Body Dementia is closely associated with Parkinson's Disease. About 40% of Parkinsons patients experience Lewy Body Dementia. Recently the two groups combined to form one known as **Parkinson's Disease & Lewy Body Dementia Support Group.**

The group meets monthly September through May at the New Hanover County Senior Center. These meetings have speakers on topics of interest about the diseases and/or services. Three or four social luncheons are held yearly. The Caregivers' Group meets bimonthly at the Pine Valley Methodist Church on Shipyard Blvd. This group offers information and suggestions on patient care and support for each other. An exercise group for members and their support persons meets on Tuesdays and Thursdays weekly at the Pine Valley Methodist Church, led by a certified personal trainer. This is funded with grants from local contributors and is free for those attending.

For information about the group contact
Shirley Miller - 392-6912 or Dick Freund - 686-2583.